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		Wednesday W2	Thursday	Friday
	****	1 Pancake Sandwich, Fruit Cup, Fruit Juice, Milk Savory Meatball w/roll , Steam rice, Green Beans	2 Donut Fruit Cup, Fruit Juice, Milk BBQ Chicken Brown Rice, Broccoli Glazed carrots	3 Cereal, Pop Tart, Fruit Cup, Fruit Juice, Milk Cheese Pizza Sweet Potato Tot Corn
Monday W3	Tuesday	Wednesday	Thursday	Friday
6 Cheesy Eggs with Biscuit Fruit Cup, Fruit Juice, Milk Chicken Tender w/roll	7 Chicken biscuit <i>Fruit Cup,</i> <i>Fruit Juice, Milk</i> Beefy Quesadilla Spanish Rice	8 French Toast Sticks <i>Fruit</i> Cup, Fruit Juice, Milk <i>Chicken Sandwich</i>	9 Cinnamon Roll <i>Fruit</i> <i>Cup, Fruit Juice, Milk</i> Meatball Sub broccoli	10 Cereal, Granola Bar <i>Fruit Cup, Fruit</i> <i>Juice, Milk</i> Turkey-Roni Pizza,
Mashed Potatoes Green Beans	Lettuce &Tomato Taco Fiesta Black Bean	Spinach salad French fries	Graden salad	Sweet Potato Fries, Corn
Monday W1	Tuesday	Wednesday	Thursday	Friday
13 Waffle Scramble Egg Fruit Cup, Fruit Juice, Milk Corndog Cesear Salad	14 Pancake w/2 Sausage Links Fruit Cup, Fruit Juice, Milk Chicken Nugget w/Roll French Fries	15 Pizza, Fruit Cup, Fruit Juice, Milk Cheeseburger w/Lettuce Tomato Sweet potato tots	16 Muffin, yogurt, Fruit Cup, Fruit Juice, Milk Assorted Wings w/Roll Toss salad	17 Cereal, Granola bar Fruit Cup, Fruit Juice, Milk Cheese Pizza Sweet Potato Tot
Baked bean Wedge	Cole Slaw	cucumber salad	Corn Celery/Carrot	Corn
Monday W2	Tuesday			
20 Cereal, Granola bar Fruit Cup, Fruit Juice, Milk	21 Cereal, Granola bar Fruit Cup, Fruit Juice, Milk			
Spaghetti Meat Sauce w/roll Orange Spinach Salad Cobb corn	Deluxe Turkey Wrap Baby Carrot, Sliced cucumber Baked Potato Chip, Fruit Cup			

Please note that due to resources menu is subject to change without prior notice. Utopian Academy Nutrition Department will always bring tasty & nutritious meals to each scholar.

This institute is an equal opportunity provider under Federal and State Civil Rights and Equal opportunity for all.



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