


Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b> <b>Breakfast</b> Muffin, Yogurt, Fruit cup, Fruit juice <b>Lunch</b> Chicken Broccoli Rice Cheese Casserole, roll, Steam corn	<b>2</b> <b>Breakfast</b> Cheesy Grits, Toast, Fruit cup, Fruit Juice <b>Lunch</b> BBQ Burger, Fiesta Bean, Cucumber salad, Fruit	<b>3</b> <b>Breakfast</b> Donut, berry bowl, Fruit juice <b>Lunch</b> Chicken sub, toss salad, Tots, Fruit	<b>4</b> <b>Breakfast</b> Cereal, Granola Bar, Fruit Cup, Fruit Juice <b>Lunch</b> Hotdog, Sweet potato Fries, Baked Bean, Fruit
<b>Monday</b> 7	<b>Tuesday</b> 8 	<b>Wednesday</b> 9	<b>Thursday</b> 10	<b>Friday</b> 11
<b>Monday</b> <b>14</b> <b>Breakfast</b> Waffle, Fruit cup, Fruit Juice  <b>Lunch</b> Baked Spaghetti w/Garlic Roll, Sweet Pea, fruit	<b>Tuesday</b> 15 <b>Breakfast</b> Breakfast Pizza, Fruit cup, Fruit juice  <b>Lunch</b> Chicken Nacho, Black Bean, Lettuce, tomato, Spanish Corn, Fruit	<b>Wednesday</b> 16 <b>Breakfast</b> Breakfast Burrito, Fruit Cup, Fruit Juice  <b>Lunch</b> Pulled Chicken Sandwich, Cole Slaw, French, Fries, Fruit	<b>Thursday</b> 17 <b>Breakfast</b> Cinnamon Toast Soft Pastry, Fruit cup, Fruit juice  <b>Lunch</b> Salsbury Steak w/Roll, Steam rice, Green Bean, Fruit	<b>Friday</b> 18 <b>Breakfast</b> Cereal, Granola Bar, Fruit Cup, Fruit Juice  <b>Lunch</b> Pizza, Toss Salad, Potato Wedge, Fruit
<b>Monday</b> <b>21</b> <b>Breakfast</b> Pancake, Fruit Cup, Fruit juice  <b>Lunch</b> Chicken Tender w/roll, Sweet Potato fries, sliced cucumber, Fruit	<b>Tuesday</b> 22 <b>Breakfast</b> Chicken Biscuit, Fruit cup, Fruit juice  <b>Lunch</b> Beef Bean Burrito, Mexican Slaw, Roasted Corn, Tortilla chip w/salsa cup, Fruit	<b>Wednesday</b> 23 <b>Breakfast</b> Cinnamon Toast Soft Pastry, Fruit cup, Fruit juice  <b>Lunch</b> Country Fried Steak w/Roll, Steam Rice, Green Bean, Fruit	<b>Thursday</b> 24 <b>Breakfast</b> Grits, eggs, Fruit cup, Fruit juice  <b>Lunch</b> Fiesta Piza, Celery stick, Spinach salad, Fruit	<b>Friday</b> 25 <b>Breakfast</b> Cereal, Granola Bar, Fruit Cup, Fruit Juice  <b>Lunch</b> Deluxe Grill Chicken Sandwich, French Fries, baked fiesta bean, Fruit
<b>Monday</b> <b>28</b> <b>Breakfast</b> Breakfast sandwich, Fruit cup, Fruit juice  <b>Lunch</b> Chicken Nugget w/roll, Steam Carrots, Mashed potato, Fruit	<b>Tuesday</b> 29 <b>Breakfast</b> French Toast, Fruit cup, Fruit juice  <b>Lunch</b> Beef Taco, Roasted Corn, Tomato Salad, Fruit	<b>Wednesday</b> 30 <b>Breakfast</b> Breakfast Pizza, Fruit cup, Fruit juice  <b>Lunch</b> Chicken Alfredo, Garlic Toast, Green Bean, fruit	<b>Thursday</b> 31 <b>Breakfast</b> Breakfast Bake, Fruit, Fruit juice  <b>Lunch</b> Sloppy Joe, Baked Bean, French Fries, Fruit	

Please note that due to resources menu is subject to change without prior notice. Utopian Academy Nutrition Department will **always** bring tasty & nutritious meals to each scholar.

This institute is an equal opportunity provider under Federal and State Civil Rights and Equal opportunity for all.

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