



UTOPIAN

ACADEMY FOR THE ARTS

Monday 8/4	Tuesday 8/5	Wednesday 8/6	Thursday 8/7	Friday 8/8
Breakfast Pancake Stick Fruit Cereal Option Lunch Teriyaki Chicken Vegetable Rice Broccoli Spring Roll Fruit	Breakfast Sausage Biscuit Fruit Cereal Option Lunch Beef and Cheese Nacho Black Bean Power Salad Sour Cream, Taco Sauce Fresh Fruit	Breakfast Breakfast Pizza Fruit Cereal Option Lunch Hotdog French Fries Cole Slaw Baked Bean Fruit	Breakfast Breakfast Pastry Fruit Cereal Option Lunch Savory Meatball w/Roll Mashed Sweet Potato Green Bean Fresh Fruit	Breakfast Parfit Cup Fruit Cereal Option Lunch Pizza Potato Tot Toss Salad Fruit
Monday 8/11	Tuesday 8/12	Wednesday 8/13	Thursday 8/14	Friday 8/15
Breakfast Breakfast Pastry Fruit Cereal Option Lunch Beef Mac w/ Roll Green Bean Steam Carrots Fruit	Breakfast Breakfast Nuggets Fruit Cereal Option Lunch Chicken Quesadilla Pinto Bean Mexi Corn Salas, Sour Cream Fresh Fruit	Breakfast Cheesy Grits w/Toast Bacon Fruit Cereal Option Lunch Hamburger Cole Slaw French Fries Fruit (<i>HOTM- Melon</i>)	Breakfast French Toast Fruit Cereal Option Lunch Chicken Tender w/ Roll Mashed Potato Green Pea Fresh Fruit	Breakfast Yogurt Cup w/Granola Cereal Option Fruit Lunch Deluxe Turkey Sub WG Sun Chip Veggie Cup Fruit
Monday 8/18	Tuesday 8/19	Wednesday 8/20	Thursday 8/21	Friday 8/22
Breakfast Bagel Cereal Option Lunch Chicken Alfredo w/Roll Broccoli Cob Corn Fruit	Breakfast Chicken Biscuit Cereal Option Lunch Supreme Beef Taco Tortilla Chip w/ salsa Black Bean Fresh Fruit	Breakfast Eggs, Toast, Bacon Cereal Option Lunch Orange Chicken Steam Rice Green Bean Egg Roll Fruit	Breakfast Waffle w/Sausage Cereal Option Lunch Sloppy Joe Tex-Mex Baked Bean French Fries Fresh Fruit	Breakfast Parfit Fruit Cereal Option Lunch Pizza Stick Power Slaw Sweet Potato Tot Fruit
Monday 8/25	Tuesday 8/26	Wednesday 8/27	Thursday 8/28	Friday 8/29
Breakfast Breakfast Pastry Fruit Cereal Option Lunch Chicken Asian Pasta Spring Roll Fruit	Breakfast Grits w/Toast Fruit Cereal Option Lunch Bean Beef Burrito Spanish Rice, Mexican Corn Fresh Fruit	Breakfast Breakfast Burrito Fruit Cereal Option Lunch Ravioli Bites w/Roll Steam Carrots, Green Pea Fruit	Breakfast Pancake Fruit Cereal Option Lunch Cheeseburger Baked Bean, French Fries Fresh Fruit	Breakfast Yogurt Cup w/Granola Fruit Cereal Option Lunch Chicken Cob Salad Cheesy Garlic Pita Bread Fruit

Please note that due to resources menu is subject to change without prior notice. Utopian Academy Nutrition Department will always bring tasty & nutritious meals to each scholar. This institute is an equal opportunity provider under Federal and State Civil Rights and Equal opportunity for all. Contact: Jamelle.Boyer@utopianacademy.com