



Monday 8/4	Tuesday 8/5	Wednesday 8/6	Thursday 8/7	Friday 8/8
Breakfast Pop Tart, Fruit cup, Fruit juice Lunch Chicken Salad Sandwich, Tortilla Chip w/ White bean dip, Celery Pack, Fruit	Breakfast Soft Pastry, Fruit Cup, Fruit Juice Lunch Turkey Wrap, Carrot slaw, Corn dip, WG Harvest Chip, Fruit	Breakfast Soft Pastry, Fruit cup, Fruit Juice Lunch Beef and Cheese Nacho Black Bean Power Salad Sour Cream, Taco Sauce Fresh Fruit	Breakfast Donut, Fruit cup, Fruit juice Lunch Chicken Ranch Wrap, Tomato Dipper, Cucumber Salad, Fruit	Breakfast Cereal, Granola Bar, Fruit Cup, Fruit Juice Lunch Savory Meatball w/Roll Mashed Sweet Potato Green Bean Fresh Fruit
Monday 8/11	Tuesday 8/12	Wednesday 8/13	Thursday 8/14	Friday 8/15
Breakfast Yogurt Parfit w/Granola Bar, Fruit cup, Fruit juice Lunch Chicken Pita Flatbread, Baby Carrot Dipper, fruit	Breakfast Cereal, Granola Bar, Fruit Cup, Fruit Juice Lunch BLT Wrap w/Tortilla chip, Salsa, Corn dip, Fruit	Breakfast Pop Tart, Fruit Cup, Fruit juice Lunch Chicken Quesadilla Pinto Bean Mexi Corn Salas, Sour Cream Fresh Fruit (HOTM- Melon)	Breakfast Soft Pastry, Fruit cup, Fruit juice Lunch Deluxe Turkey Sandwich WG Harvest Chip, Carrot Slaw, Corn dip, fruit	Breakfast Cereal, Granola Bar, Fruit cup, Fruit juice Lunch Chicken Tender w/ Roll Mashed Potato Green Pea Fresh Fruit
Monday 8/18	Tuesday 8/19	Wednesday 8/20	Thursday 8/21	Friday 8/22
Breakfast Muffin, Yogurt, Fruit cup, Fruit juice Lunch Turkey Cheddar Sub, Romain salad, Carrot dipper, fruit	Breakfast Cereal, Granola Bar, Fruit Cup, Fruit Juice Lunch Buffalo Chicken Wrap, Spinach Salad, Cucumber Salad, fruit	Breakfast Soft Pastry, Fruit cup, Fruit Juice Lunch Supreme Beef Taco Tortilla Chip w/ salsa Black Bean Fresh Fruit	Breakfast Donut, Fruit cup, Fruit juice Lunch Turkey Club Salad, WG Crackers, Fruit	Breakfast Breakfast Cereal, Granola Bar, Fruit Cup, Fruit Juice Lunch Sloppy Joe Tex-Mex Baked Bean French Fries Fresh Fruit
Monday 8/25	Tuesday 8/26	Wednesday 8/27	Thursday 8/28	Friday 8/29
Breakfast Yogurt Parfit w/Granola Bar, Fruit cup, Fruit juice Lunch Chicken Bite Salad, Pita Bread, fruit	Breakfast Cereal, Granola Bar, Fruit Cup, Fruit Juice Lunch Southwestern BLT Wrap w/Tortilla chip, Salsa, Corn dip, Fruit	Breakfast Pop Tart, Fruit Cup, Fruit juice Lunch Bean Beef Burrito Spanish Rice, Mexican Corn Fresh Fruit	Breakfast Soft Pastry, Fruit cup, Fruit juice Lunch	Breakfast Cereal, Granola Bar, Fruit cup, Fruit juice Lunch Spicy Chicken Sandwich

Please note that due to resources menu is subject to change without prior notice. Utopian Academy Nutrition Department will always bring tasty & nutritious meals to each scholar. This institute is an equal opportunity provider under Federal and State Civil Rights and Equal opportunity for all. Contact: Janelle.Boyer@utopianacademy.com