

<b>October 2025</b>		<b>Wednesday 10/01</b>	<b>Thursday 10/02</b>	<b>Friday 10/03</b>
		Breakfast Cheesy Grits w/Toast, fruit juice, fruit cup Lunch Chicken nugget w/roll, mashed potato, corn, fruit	Breakfast Smoothie w/granola, fruit cup, fruit juice Lunch Cheeseburger, baked bean, French fries, fruit	Breakfast Cereal option, fruit cup, fruit juice Lunch Pizza, Toss Salad, fruit
<b>Monday 10/06</b>	<b>Tuesday 10/07</b>	<b>Wednesday 10/08</b>	<b>Thursday 10/09</b>	<b>Friday 10/10</b>
Breakfast French Toast, fruit juice, fruit cup Lunch Steak and Cheese Hoagie, French fries, baked bean, fruit	Breakfast Apple Oatmeal, fruit cup, fruit juice Lunch Chicken Fajita, Spanish rice, Pinto Bean, fruit	Breakfast Blueberry Muffin, fruit cup, fruit juice Lunch Meat Sauce and Rotini Pasta w/garlic toast, Green Bean, fruit	Breakfast Super Donut, fruit cup, fruit juice Lunch Buffalo Chicken Pizza, Side salad, Sweet Potato Tot, fruit	Breakfast Poptart, fruit cup, fruit juice Lunch Chili w/ cornbread muffin, Veggie bowl, fruit
<b>Monday 10/13</b>	<b>Tuesday 10/14</b>	<b>Wednesday 10/15</b>	<b>Thursday 10/16</b>	<b>Friday 10/17</b>
<i>Fall Break! Enjoy!</i>	<i>Fall Break! Enjoy!</i>	<i>Fall Break! Enjoy!</i>	<i>Fall Break! Enjoy!</i>	<i>Fall Break! Enjoy!</i>
<b>Monday 10/20</b> <i>National School Lunch Week</i>	<b>Tuesday 10/21</b> <i>National School Lunch Week</i>	<b>Wednesday 10/22</b> <i>National School Lunch WeekE</i>	<b>Thursday 10/23</b> <i>National School Lunch Week</i>	<b>Friday 10/24</b> <i>National School Lunch Week</i>
Breakfast Pumpkin Spice Muffin, fruit cup, fruit juice Lunch Tomato Soup, Grilled Cheese, Roasted Veggie, fruit	Breakfast Smoothie w/Nutri Grain, fruit cup, juice cup Lunch <i>Down Under Beef Pie, mashed sweet potato, Green Bean, Kiwi halves</i>	Breakfast Yogurt, Granola Bar, fruit cup, fruit juice Lunch <i>Sunny Spain Chicken and Rice, Steam broccoli, Roasted Carrots, Orange Slice,</i>	Breakfast Cereal option, fruit cup, fruit juice Lunch <i>Bahama Mama Curry Chicken Bowl, Roasted Cauliflower, Plantain, Fruit Drink (Pineapple, Coconut, Lemon Cooler), Milk Option</i>	Breakfast Cereal option, fruit cup, fruit juice Lunch Pizza, Veggie cup, fruit
<b>Monday 10/27</b>	<b>Tuesday 10/28</b>	<b>Wednesday 10/29</b>	<b>Thursday 10/30</b>	<b>Friday 10/31</b>
Breakfast Breakfast Burrito, fruit cup, fruit juice Lunch	Breakfast Sausage biscuit, fruit juice Lunch Chicken Nacho, Black bean, Cali-Corn, Fruit	Breakfast Breakfast bagel, fruit juice, fruit cup Lunch	Breakfast Pancake w/granola, fruit juice, fruit cup Lunch	Breakfast Yogurt w/granola, fruit cup, fruit juice Lunch



UTOPIAN  
ACADEMY FOR THE ARTS

Hotdog, coleslaw, baked bean, fruit		Sloppy Joe, Tots, Side Salad, fruit	Chicken Noodle Soup, Grilled cheese, Veggie Bowl, fruit	Turkey Cheddar Wrap, WG Sun Chip, Cucumber Salad, fruit
-------------------------------------	--	-------------------------------------	---	---