

October 2025	Trilith	Wednesday 10/01	Thursday 10/02	Friday 10/03
		Breakfast	Breakfast	Breakfast
		Poptart, fruit juice, fruit cup	Yogurt w/granola, fruit cup,	Cereal option, fruit cup, fruit
		Lunch	fruit juice	juice
		Country Fried Steak w/roll,	Lunch	Lunch
		mashed potato, green bean,	Italian and Swiss on Rye,	Pizza, Toss Salad, fruit
		steam carrot, fruit	Veggie cup, WG Chip, fruit	
Monday 10/06	Tuesday 10/07	Wednesday 10/08	Thursday 10/09	Friday 10/10
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Breakfast Pastry, fruit juice,	Yogurt w/granola, fruit cup,	Blueberry Muffin, fruit cup, fruit	Super Donut, fruit cup, fruit	Poptart, fruit cup, fruit juice
fruit cup	fruit juice	juice	juice	Lunch
Lunch	Lunch	Lunch	Lunch	Chili w/ cornbread muffin,
Turkey slider, Kale salad, fruit	BLT Cobb salad, Pita bread,	Chicken fajita, Spanish rice,	Italian Wrap, Cucumber salad,	Veggie bowl, fruit
cup	fruit cup	Pinto bean, fruit	Celery dipper, fruit cup	
Monday 10/13	Tuesday 10/14	Wednesday 10/15	Thursday 10/16	Friday 10/17
Fall Break! Enjoy!	Fall Break! Enjoy!	Fall Break! Enjoy!	Fall Break! Enjoy!	Fall Break! Enjoy!
Monday 10/20	Tuesday 10/21	Wednesday 10/22	Thursday 10/23	Friday 10/24
National School Lunch Week	National School Lunch Week	National School Lunch WeekE	National School Lunch Week	National School Lunch Week
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Pumpkin Spice Muffin, fruit	Smoothie w/Nutri Grain, fruit	Yogurt, Granola Bar, fruit cup,	Cereal option, fruit cup, fruit	Cereal option, fruit cup, fruit
cup, fruit juice	cup, juice cup	fruit juice	juice	juice
Lunch	Lunch	Lunch	Lunch	Lunch
Taco Salad, Black bean salad,	Down Under Beef and Humas	Sunny Spain Chicken and Rice,	Turkey and Cheddar on Rye,	Bahama Mama Curry Chicken
fruit cup	Pita Pocket, Julian Pepper	Steam broccoli, Roasted	veggie cup, WG Chip, fruit cup	Bowl, Roasted Cauliflower,
	Blend Cup, Cheddar Cheese	Carrots, Orange Slice, milk		Plantain, Fruit Drink
	Cubes, Dried Fruit mix, milk	option		(Pineapple, Coconut, Lemon
	option			Cooler), Milk Option
Monday 10/27	Tuesday 10/28	Wednesday 10/29	Thursday 10/30	Friday 10/31
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Super Donut, fruit cup, fruit	Cereal Bar, fruit cup, fruit juice	Poptart, fruit juice, fruit cup	Smoothie w/granola, fruit	Yogurt w/granola, fruit cup,
juice	Lunch	Lunch	juice, fruit cup	fruit juice
Lunch	Turkey slider, Kale salad, fruit	Buffalo Chicken Pizza, Side	Lunch	Lunch
Deluxe Chicken Wrap, Black	cup	Salad, Sweet Potato Fries, fruit	Roast Beef Cheddar, Celery	Hotdog, coleslaw, baked bean,
bean salsa, fruit			dipper, Power Slaw, fruit cup	fruit